

# Helping Your Child



The school recognises how important it is for Parents and Guardians to play an active role in their child's well-being, and that we need to work together to teach both protective and respectful behaviours. Students and children will, at times, need assistance in dealing with awkward situations. We have recently compiled some parent and student resources in the links below for use when parents or students have concerns. They focus on bullying and cyber-bullying from both a parental and a child perspective. We recently spoke with Year 7 students, encouraging them to talk to an adult when they are worried about themselves or a friend. Young children can become anxious or upset when other children seek their help. This is understandable, as they are not yet old enough to understand some of the problems that their friends might be "sharing" or seeking help for. Sometimes this can result in young children reacting inappropriately when peers ask them for help, and may result in teasing or telling tales about vulnerable peers.

Students in the school are aware of our Student Services Staff who are highly trained and widely experienced professionals, able to assist students to find help for themselves and others.

## Links for parents and guardians:

The Alannah and Madeline Foundation: <http://www.amf.org.au/bullying/>

Bully Stoppers: <http://www.education.vic.gov.au/about/programs/bullystoppers/Pages/parentmodules.aspx>

CyberSmart: <http://www.cybersmart.gov.au/>

Australian Communications and Media Authority: <http://www.acma.gov.au/Citizen>

Cyber Safety Help: <http://www.cybersafetyhelp.gov.au/>

## Links for students:

Take a Stand Together: <http://www.takeastandtogether.gov.au/under13/index.html>

CyberSmart: <http://www.cybersmart.gov.au/>