

Tuning in to Teens

Emotionally Intelligent Parenting

For Parents with teens (10–18y)

Would you like to learn how to:

- Communicate better with your teen?
- Be better at understanding your teen?
- Help your teen learn to manage their emotions when upset, worried or angry?
- Help to prevent behaviour problems in your teen?
- Teach your teen to deal with conflict?

When: Term 2 2013 starts Monday 13th of May and runs for six consecutive Mondays

Time: 10:00am – 12:00pm

Where: Dianella Community Health – 35 Johnstone St.
Broadmeadows, Meeting Room 3

Cost: Gold Coin donation. Registration is essential.

Eligibility: Residents of Hume and Moreland

Facilitator: Elizabeth Pizarro & Maree Gray

Child care: Unfortunately we are unable to offer child care.

Contact: Counselling Intake on 9302 8803

