

Gladstone Park Secondary College

Café Menu

JAN 2016

From The Deli Bar Fridge	\$	From The Salad Bar (Daily Special)	\$
Seasonal Fresh Fruit FROM	1.00	Moroccan Cous Cous Salad	5.00
Fruit Salad (Made Fresh Daily) FROM	4.00	Quinoa Salad	5.00
Yoghurt with Muesli	3.50	Thai Noodle Salad	5.00
Croissant (Filled extra 50 cents)	3.50	Caesar Salad	5.00
Toast with Choice of Spreads (Vegemite, Nutella, Jams)	1.00	Greek Salad	5.00
Dip and Zatar Bread	2.50	With Chicken, Tuna or Beef	5.50
Frittata (Vegetarian)	4.00	Gourmet Panini	
Sushi Rolls (Californian, Vegetarian, Chicken & Tuna)	2.50	Ham, cheese and Tomato	4.50
Freshly-Made sandwiches		Mediterranean Vegetable (Veg)	5.50
\$0.20 Extra For toasted, \$1.00 Extra For Roll	\$	Tandoori or BBQ Chicken	5.50
Cheese & Tomato	3.00	Chicken Schnitzel	5.50
Ham & Cheese	3.00	Juice	\$
Ham, Cheese & Tomato	3.50	Apple / Orange (300ml)	3.00
Salad (Lettuce Mix, Tomato, Carrot, Cucumber, & Light Mayo)	4.00	Dairy	\$
Egg & Lettuce	3.50	Up and Go	3.00
Cheese & Salad	4.50	Oak- 300ml	2.50
Roast Chicken & Salad	4.50	Oak- 600ml	3.50
Ham & Salad	4.50	Ice Break - 500ml	3.50
Gourmet Wraps From	5.00	Water	\$
From The Hot Food Bar (\$0.20 Extra For Sauces)	\$	Bottled Water (500ml)	2.50
Egg Bacon Muffin	3.00	Bottled Water (750ml)	3.50
Bacon Egg & Cheese Muffin	3.50	Soft Drinks	\$
Breakky Wrap (bacon, egg and hashbrown with BBQ sauce)	4.50	Soft Drink Can	2.00
Hash Browns (Oven Baked)	1.00	Small Ice tea	2.00
Steamed Dim Sim	1.00	Sparkling Flavoured water	3.00
Homemade Sausage Roll	4.00	Soft Drink 600ml Bottle	3.50
Pies	3.50	Iced Tea 500ml Bottle	3.50
Zinger Pocket	5.00	From the Café Bar	\$
Chicken or Beef Burger (with lettuce) FROM	4.00	Hot Chocolate	3.00
Oven Baked Wedges	3.00	Café Latte (Lite / Full Cream Milk)	3.00
Sweet Chili Chicken Tender (each)	2.00	Cappuccino (Lite / Full Cream Milk)	3.00
Sweet Chili Chicken Tender, Lettuce and Mayo Wrap	4.00	Flat White (Lite / Full Cream Milk)	3.00
Chicken Souvlaki	5.00	Chai Latte	3.50
Chicken Parma Wrap	5.00	Espresso / Short Macchiato	2.50
Variety Pasta Daily (Spiral, Lasagne, Tortellini & Ravioli) FROM	4.00	Long Macchiato	3.00
Roast Beef Roll	5.00	EXTRAS	\$
Homemade Soup of the day (Seasonal)	4.00	Soy Milk/ Strong / Extra Shot	0.50
Homemade Pizza Slice	4.00	Medium Cup	3.50
Spinach and Cheese Spanakopita	4.50	Extra Large Cup	4.50
Pide (Spinach or Lamb)	5.00	Ice Cream	\$
Snacks	\$	Calippo	1.00
Muffins (chocolate, blueberry, apple & cinnamon etc)	3.50	Icy Twist	1.00
Cake Slices	2.50	Paddle Pop	1.50
Slices	2.00	Paddle Pop Thick Shake	2.50
Rock Deli Chips	2.50	Froze Yoghurt Cup	1.50

LUNCH ORDERS

HOW TO ORDER

1. Place order at café with staff prior to 9am
2. Pay staff at time of order
3. Collect order from Café at lunch break

Note:

1. Items may not be available due to supplier stock - similar product will be provided.



BOCCA FOODS
Healthy From-Home Meals

Address: 55 Wilby Avenue, Kellerberrin, VIC 3038
Phone: 53441197 Email: info@boccafoc.com.au